

# SEPTEMBER 7 - 14, 2025 8 DAYS, 7 NIGHTS BALI – 8TH Year Trip Anniversary

On September 2, 2017, Sisters Traveling Solo hosted our very 1st trip; destination Bali, Indonesia.



### **Traditional Travel with Sisters Traveling Solo**

Sisters Traveling Solo traditional trip experiences are fun and experiential tours that are designed for those sisters wanting to visit popular tourist destinations. These tours are great for beginners to the most experienced travelers. Be sure to bring your camera, because we plan these trips to be packed with post worthy instagram moments.

Be sure to tag us @sisterstravelingsolo on Instagram.

### **Country Overview**

Beyond stunning beaches and magical temples, Bali has virtually every kind of natural beauty. Glorious mountainous areas with lush greenery, scenic lakes, gorgeous waterfalls, iconic rice fields, flower gardens, gushing sacred rivers and secret canyons all make up the island's landscape.

### Ubud - Bali (4 nights)

Ubud, Bali, once a mostly serene "hippie" destination for travelers interested in yoga, healthy food, and fresh air, has grown into one of the busiest and most popular destinations in Bali. Elizabeth Gilbert's book Eat, Pray, Love — and the 2010 film of the same name — permanently pushed Ubud to the forefront of the tourist radar.

### Seminyak - Bali (3 nights)

Seminyak is one of the most popular tourist destinations in Bali. People gravitate here for that little bit of luxury and relaxation that lacks in its neighbors Kuta and Legian. One of the main reasons to come to Seminyak is to enjoy not only the beach but also the amazing beach bars and cafes that run along the coastlines and you will find a huge number of choices available.





### **General Information:**

CURRENCY:	Indonesian Rupiah (IDR)
CURRENT EXCHANGE RATE:	1 USD = 14,537 IDR
AIRPORT CODE(S):	DPS (Ngurah RaiInternational Airport)
HISTORICAL WEATHER TEMPERATURE	72°F - 83°F
PASSPORT REQUIREMENTS?	https://travel.state.gov/
VISA REQUIRED?	www.visahunter.com
VACCINE(S) REQUIRED FOR ENTRY?	www.CDC.gov
REGISTER FOR STEP:	The Smart Traveler Enrollment Program (STEP) is a free service to allow U.S. citizens and nationals traveling and living abroad to enroll their trip with the nearest U.S. Embassy or Consulate. <u>https://step.state.gov/</u>

### **Tentative Itinerary**



### DAY 1 - ARRIVAL

Upon arrival into Bali, you will be transported via one of our group transfer times to our hotel. Look for our driver in the arrivals hall after collecting your luggage.

After check-in, take the rest of the afternoon at leisure rewinding from the long flight.

Hotel Check-In: 3 PM local time.

Meal(s) Included: Breakfast, Dinner

## <u>DAY 2 - COOKING CLASS,</u> MONKEY FOREST, RICE FIELDS

This morning, we will head to our cooking class in Ubud. The class starts with a trip to a local market. The food markets are a great way to introduce you to Bali's culture and lifestyle. The Chef will explain about Balinese tastes and customs, local meat, fish, and produce, finding unique ingredients and, of course Balinese style bargaining!

After our Balinese cooking class, we will explore more of Ubud, visiting the Bali Rice fields, and Monkey forest. Once our sight-seeing is done, we head back to our hotel.

Meal(s) Included: Breakfast, Lunch



### DAY 3 - BIKE TOUR

We will head off for a morning bike tour through the villages of Bali. We will enjoy tea or coffee while enjoying a stunning view of Lake Batur and its smoking volcanic neighbor. After our morning tea or coffee, we are off on our mountain bikes with guides leading us through the villages, and varied landscapes of Bali.

#### Meal(s) Included: Breakfast, Lunch



### DAY 4 - FREE DAY

Free Day.

Meal(s) Included: Breakfast

### DAY 5 - TRANSFER TO SEMINYAK + 4-HOUR SPA TREATMENT

On this day, we leave Ubud and head to Seminyak. Our journey to Seminyak will take about 1-hour depending on traffic. We will head directly to our spa session for 4 hours of pampering. This full body cleansing includes an aromatic foot wash, massage, body scrub, and facial.

#### Meal(s) Included: Breakfast, Dinner

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### DAY 6 - FREE DAY

FREE DAY Meal(s) Included: Breakfast, Dinner

### DAY 7 - TANAH LOT TEMPLE

Tanah Lot Temple is one of Bali's most important landmarks, an ancient Hindu shrine perched on top of an outcrop amidst constantly crashing waves; Tanah Lot Temple is simply among Bali's not-to-be-missed icons. We will show respect to the local people by getting dressed in traditional Balinese attire and head to Tanah A Lot. And unlike most who visit Tanah Lot Temple, you get access to visit the top of the temple and partake in a local tradition and blessing.

#### Meal(s) Included: Breakfast

Note: cost of traditional attire included in the price of trip.



### DAY 8 - DEPART

On our final day, we will enjoy breakfast and then begin to depart back home via one of our group transfers. Hotel check out is 11 AM.

#### Meal(s) Included: Breakfast

#### What's Included:

**4-Star Accommodations** - All booking includes standard single and double rooms. Room includes - Each room includes (1) queen or (2) twin beds and private bathrooms.

**Cooking Class with Market Visit** - The class starts with a trip to a local market. The food markets are a great way to introduce you to Bali's culture and lifestyle. The Chef will explain about Balinese tastes and customs, local meat, fish, and produce, finding unique ingredients.

**Monkey Forest Visit** - Ubud Monkey Forest is a nature reserve and Hindu temple located in Ubud, Bali Indonesia. Technically its official name is the Sacred Monkey Forest Sanctuary.

**Rice Fields Visit** - The Tegallalang Rice Terraces in Ubud are famous for their beautiful scenes of rice paddies and their innovative irrigation system.

**Village Bike Tour** - This Bali Bike Tour is a rare opportunity to see the real Bali, a 4 hours downhill cycling experience through the quiet village backroads.

**4-Hour Full Body Cleansing (Seminyak) -** (est. times) 1 hr 25-minute body massage, 45-min. foot wash/massage, 30-min. body scrub, 30-min. body polish, 45-min. facial, 10-min. shower.

**Tanah Lot Visit** - Tanah Lot Temple is one of Bali's most important landmarks, an ancient Hindu shrine perched on top of an outcrop amidst constantly crashing waves; Tanah Lot Temple is simply among Bali's not-to-be-missed icons.

**Meals** - Breakfast provided daily. Other meals as outlined in the itinerary above. Meals provided include (1) bottle of water.

Airport Transfers - Round trip airport transfers on the start and end dates of a tour.

Tours & Activities - Tours and activities as listed in the trip itinerary

What's NOT Included: International flights, gratuity, travel visa, travel insurance, or any other cost not listed in the "what's included" section.