

November 7 - 15, 2026

9 DAYS, 8 NIGHTS

THAILAND: BANGKOK + Chiang Mai

(TRADITIONAL TRAVEL EXPERIENCE)



Traditional Travel with Sisters Traveling Solo

Sisters Traveling Solo traditional trip experiences are fun and experiential tours that are designed for those sisters wanting to visit popular tourist destinations. These tours are great for beginners to the most experienced travelers. Be sure to bring your camera, because we plan these trips to be packed with post worthy instagram moments.

Be sure to tag us @sisterstravelingsolo on Instagram.

Country Overview

Thailand is a land of contrasts, where bustling city streets meet serene mountains and ancient traditions. From the lively capital of Bangkok, filled with glittering temples, colorful markets, and vibrant street life, to the peaceful northern city of Chiang Mai, surrounded by mountains and steeped in culture, Thailand offers travelers a rich tapestry of experiences. This journey allows you to immerse yourself in Thailand's flavors, spirituality, and natural beauty.



Bangkok (4-nights)

Bangkok, Thailand's capital, is a city of energy and contrasts. Here, centuries-old temples sit beside modern skyscrapers, while bustling markets thrive next to luxury malls. Highlights include the dazzling Grand Palace, the reclining Buddha at Wat Pho, and the riverside beauty of Wat Arun. Guests can cruise through the canals for a glimpse of traditional neighborhoods or explore Chinatown's food scene.

Chiang Mai (4-nights)

Chiang Mai offers a slower pace and a chance to connect deeply with Thailand's traditions. Nestled among mountains and rice paddies, this historic city is home to over 300 temples, including the mountaintop Wat Phra That Doi Suthep with sweeping views of the valley. Chiang Mai is also a hub for hands-on cultural experiences—from Thai cooking classes at organic farms to visiting artisan villages that produce silk, silver, and pottery.



General Information:

CURRENCY:	Currency: Thai Baht (THB)
CURRENT EXCHANGE RATE:	1 USD ≈ 35–36 THB <i>(rates may vary)</i>
AIRPORT CODE(S):	Arrival: Bangkok Suvarnabhumi Airport (BKK) Departure: Chiang Mai International Airport (CNX)
PASSPORT REQUIREMENTS:	Review passport requirements https://travel.state.gov/
VISA REQUIRED?	Check www.visahunter.com
HISTORICAL WEATHER TEMPERATURE	December: 70°F–85°F <i>(cool, dry season; ideal for city touring, cultural exploration, and outdoor activities)</i>

Tentative Itinerary



DAY 1 - Arrival

Arrive at Bangkok Suvarnabhumi Airport, where you will be greeted and transferred to your hotel. After settling in, take some time to relax, explore the nearby surroundings, or enjoy a stroll along the Promenade des Anglais.

In the evening, meet your host and fellow travelers for a welcome dinner featuring regional dishes. This is the perfect opportunity to get to know your group and set the tone for the incredible week ahead.

Meal(s) Included: Dinner

Hotel Check-In: 3 PM local time.

DAY 2 - Bangkok City Experience

Begin your exploration of Bangkok at the colorful flower and vegetable market, then continue to Wat Pho to see the magnificent reclining Buddha. Cross the river to Wat Arun, the Temple of Dawn, one of Bangkok's most iconic landmarks with its glittering spires. Afterward, visit the Grand Palace and Wat Phra Kaew, home to the revered Emerald Buddha and Thailand's most sacred site.

End the day with a long-tail boat ride through Bangkok's canals, a relaxing way to see another side of the city.

Meal(s) Included: Breakfast





DAY 3 - Railway & Floating Market Adventure

Travel beyond Bangkok to see rural life firsthand. Visit the Maeklong Railway Market, where vendors scramble to pull back their stalls as trains pass through. Then explore the Damnoen Saduak Floating Market, tasting fruit, boat noodles, and mango sticky rice from vendors paddling wooden boats.

Depending on the day, you may also see Tha Kha Floating Market, a traditional hidden gem. Along the way, stop at a coconut sugar farm before returning to Bangkok.

Meal(s) Included: Breakfast

DAY 4 - Free Day in Bangkok

Spend the day discovering Bangkok at your own pace. Shop at Chatuchak Market, relax at a spa, take a river cruise, or enjoy rooftop dining. This day allows flexibility for guests to explore their personal interests.

Meal(s) Included: Breakfast

DAY 5 - Fly to Chiang Mai

This morning, take a short flight from Bangkok to Chiang Mai, the cultural heart of northern Thailand. After checking into your hotel, enjoy time to relax or stroll nearby markets before joining the group for dinner. This evening meal will be your introduction to Chiang Mai's distinctive flavors and laid-back atmosphere, setting the tone for your northern adventure.

Meal(s) Included: Breakfast, Dinner



DAY 6 - Temples of Chiang Mai

Begin the day at Wat Phra That Doi Suthep, Chiang Mai's most famous temple, perched high on a mountain with sweeping views over the city. Continue into the Old City to explore Wat Chedi Luang, an impressive historic stupa, and Wat Phra Singh, admired for its intricate Lanna architecture. Visit Wat Chiang Man, the oldest temple in Chiang Mai, before making your way to Wat Pha Lat, a peaceful forest temple hidden along the monk's trail. The tour also includes a stop at a Hmong Hill Tribe Village to learn about local culture and traditions.

End the day wandering through Warorot Market and the nearby Flower Market, where vibrant stalls overflow with spices, textiles, and fresh blooms.

Meal(s) Included: Breakfast

DAY 7 - Thai Cooking Class

Visit the main local Thai market outside the city center before heading to an organic farm to learn about herbs and ingredients. Begin by cooking jasmine rice and sticky rice, then pound and prepare your own curry paste from scratch, customizing the spice level to your taste. Each participant will prepare a curry paste, curry dish, soup, stir-fry, noodle dish, and a sweet dessert, totaling six categories.

You'll make every dish yourself from start to finish, ensuring you can season to your own preference. Exclusive to the full-day class is a papaya salad tasting for everyone to enjoy.

Meal(s) Included: Breakfast, Lunch/Cooking class



DAY 8 - Elephant Sanctuary & Sticky Waterfall

Start the day with a private transfer to an ethical elephant sanctuary. Learn about elephant care and conservation while helping to feed and bathe these gentle giants. After enjoying a Thai lunch that includes Pad Thai, continue to the famous Sticky Waterfall, where mineral-rich limestone allows you to climb safely up the cascading tiers. Along the way, your private guide and vehicle give you the flexibility to stop at local cafés, markets, or temples if you'd like.

Return to Chiang Mai in the evening for a special farewell dinner with your fellow travelers, celebrating the memories and connections made during your Thailand journey.

Meal(s) Included: Breakfast, Dinner

DAY 9 - Depart Chiang Mai

After breakfast, transfer to Chiang Mai International Airport for your return flight home. Depart Thailand with unforgettable memories of its culture, cuisine, temples, and warm hospitality.

Meal(s) Included: Breakfast

What's Included:

4-Star Accommodations – Bangkok & Chiang Mai: Enjoy an 8-night stay in 4-star hotels—4 nights in bustling Bangkok and 4 nights in the cultural city of Chiang Mai. Each property offers comfort, modern amenities, and prime access to key attractions.

Bangkok City Tour – Temples & Landmarks: Spend a full day exploring Bangkok's most iconic sites. Visit Wat Pho to see the reclining Buddha, marvel at the spires of Wat Arun, and tour the Grand Palace and Wat Phra Kaew, home to the Emerald Buddha. End the day with a long-tail boat ride through Bangkok's canals.

Market Tour – Railway & Floating Markets:

Travel outside the city to the Maeklong Railway Market, where vendors clear their stalls as the train passes. Continue to Damnoen Saduak Floating Market to taste local snacks and fruits while gliding through the canals. Includes stops at a coconut sugar farm and, on weekends, Tha Kha Floating Market.

Chiang Mai Temples – Culture & Tradition:

Explore Chiang Mai's most important temples, including Wat Phra That Doi Suthep, Wat Chedi Luang, Wat Phra Singh, and Wat Chiang Man. Visit the hidden forest temple of Wat Pha Lat, meet the Hmong Hill Tribe, and browse the bustling Warorot and Flower Markets.

Thai Cooking Class – Culinary Immersion:

Head to a local market to learn about Thai ingredients before spending the day at an organic farm. Prepare jasmine rice and sticky rice, pound curry paste from scratch, and cook six dishes including curry, soup, stir-fry, noodles, and dessert.

Elephant Sanctuary & Sticky Waterfall Tour:

Spend the morning at an ethical elephant sanctuary feeding and bathing the elephants. After a Thai lunch, visit the Sticky Waterfall, where limestone formations allow you to climb safely up the tiers. Enjoy flexibility with private transport and optional local stops before returning to Chiang Mai.

Airport Transfers – Group Transfers Included:

Private group transfers are included for arrival in Bangkok and departure from Chiang Mai for travelers arriving and departing within the designated travel window. Transfers provided between 5 AM - 11 PM (on arrival day) and 12 AM - 12 PM (on departure day)

Meals Included - Meals as listed in above itinerary.

Tours & Activities - Tours and activities as listed in the trip itinerary.

What's Not Included: International flights, gratuity, travel visa, travel insurance, airport transfers, or any other cost not listed in the "what's included" section.