

June 11 - 18, 2026

8 DAYS, 7 NIGHTS

# AMALFI COAST

(TRADITIONAL TRAVEL EXPERIENCE)

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## Traditional Travel with Sisters Traveling Solo

Sisters Traveling Solo traditional trip experiences are fun and experiential tours that are designed for those sisters wanting to visit popular tourist destinations. These tours are great for beginners to the most experienced travelers. Be sure to bring your camera, because we plan these trips to be packed with post worthy instagram moments.

Be sure to tag us @sisterstravelingsolo on Instagram.

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## Country Overview

Italy is more than pizza and pasta (though yes, you'll get your fill). It's a place that wraps you in history, seduces you with beauty, and spoils you with food, fashion, and unforgettable experiences. Whether you're standing in a centuries-old church or sipping espresso on a cobblestone street, Italy delivers culture and charm with every step. And when you're exploring the southern coast—where this trip is focused—you get dramatic cliffs, luxury vibes, and sun-soaked views that feel straight out of a movie.



### Naples, Italy (3-nights)

Naples is raw, real, and rich in flavor—literally and culturally. This is the birthplace of pizza (yes, the pizza), and food here is taken seriously. But it's not just about what's on your plate. Naples is full of ancient ruins, bustling streets, and local life that hasn't been polished for tourists—and that's what makes it so special. It's loud, it's alive, and it's layered with history that dates back to the Romans and beyond.

### Sorrento, Italy (4-nights)

Sorrento is the calm between the luxury of Capri and the energy of Naples. Perched on cliffs overlooking the Bay of Naples, it's a laid-back town with just enough buzz. Think: sun-soaked piazzas, local markets, delicious seafood, and stunning sea views at every turn. It's also the perfect home base for exploring the Amalfi Coast and surrounding areas—central, scenic, and easy to navigate.





## General Information:

<b>CURRENCY:</b>	Currency: Euro (EUR)
<b>CURRENT EXCHANGE RATE:</b>	1 USD ≈ 0.90–0.95 ( <i>rates may vary</i> )
<b>AIRPORT CODE(S):</b>	<b>Arrival:</b> Naples International Airport (NAP) <b>Depart:</b> Naples International Airport (NAP)
<b>PASSPORT REQUIREMENTS:</b>	<b>Review passport requirements</b> <a href="https://travel.state.gov/">https://travel.state.gov/</a>
<b>VISA REQUIRED?</b>	Check <a href="http://www.visahunter.com">www.visahunter.com</a>
<b>HISTORICAL WEATHER TEMPERATURE</b>	70°F–85°F (warm, dry season; ideal for beach and touring)



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## Tentative Itinerary



### **DAY 1 - ARRIVAL**

Arrive at Naples International Airport, where our team will greet you and transfer you to your hotel.

Take time to settle in, rest, and prepare for the week ahead. In the evening, join your host and fellow travelers for a welcome dinner featuring traditional Neapolitan cuisine. This is your first taste of Italy, and a beautiful start to your journey.

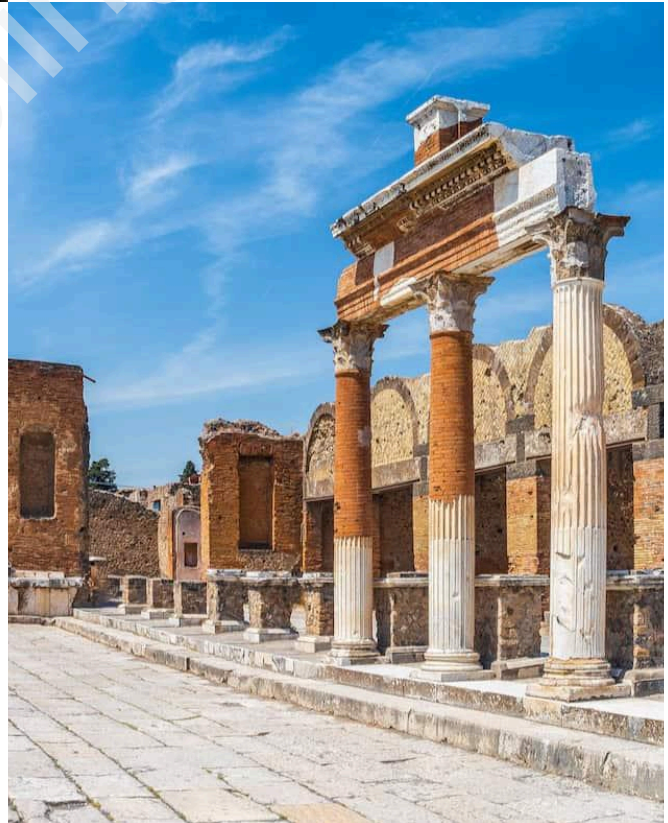
**Meal(s) Included:** Dinner

**Hotel Check-In:** 3 PM local time.

### **DAY 2 - POMPEII & HERCULANEUM**

Today is all about stepping back in time. After breakfast, we head out to explore the ancient Roman cities of Pompeii and Herculaneum—two of the world’s most fascinating archaeological sites. These cities were both destroyed by the eruption of Mount Vesuvius in 79 A.D., yet miraculously preserved beneath layers of ash and lava. On guided tours, you’ll walk through streets frozen in time, see homes, temples, theaters, and even preserved bodies. Between site visits, we’ll stop for a traditional Mediterranean lunch in the region.

**Meal(s) Included:** Breakfast, Lunch





### **DAY 3 - ISLAND DAY: PROCIDA AT YOUR OWN PACE**

Escape the mainland for the day and travel by ferry to Procida, one of Italy's most peaceful and colorful islands. Smaller and less crowded than Capri or Ischia, Procida is a hidden gem where life moves slower. Spend your day soaking in the pastel-colored houses, lemon groves, and charming marinas.

You'll visit places like Terra Murata, the oldest part of the island, with its castle and abandoned prison. Stroll through Corricella for seaside views that feel straight out of a movie. Stop for a relaxing three-course lunch at a local restaurant—think fresh seafood, house wine, and coastal views. You'll return to Naples that evening with a true taste of island life.

**Meal(s) Included:** Breakfast, Lunch

### **DAY 4 - TRANSFER TO SORRENTO**

After breakfast and check-out, we'll journey south to Sorrento, the scenic cliffside town known for its lemons, sea views, and warm hospitality. Upon arrival, check in to your hotel and enjoy some downtime.

In the evening, we'll gather for another delicious group dinner—this time in Sorrento's old town. Whether it's your first time or your tenth, this city has a way of capturing your heart with its blend of elegance and charm.

**Meal(s) Included:** Breakfast



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## **DAY 5 - POSITANO, SORRENTO, & POMPEII**

Get ready for one of the most breathtaking days of the trip. We'll explore the legendary Amalfi Coast, starting with a drive along one of the world's most scenic coastal roads. Our first stop is the glamorous cliffside village of Positano, known for its vertical streets, fashionable shops, and stunning views.

Next, we continue to Amalfi—once a powerful maritime republic—with its dramatic cathedral and vibrant piazza. Along the way, we'll also pass through Sorrento and other picturesque villages perched high above the Mediterranean. The entire day is filled with photo ops, history, shopping, and seaside magic. You'll return to Sorrento with tired feet and a full camera roll.

**Meal(s) Included:** Breakfast





## **DAY 6 - COOKING CLASS**

This morning, we dive into the flavors of Sorrento with a hands-on cooking class in a working lemon grove. Start with a welcome drink under the lemon trees before touring the grove and visiting a small-batch limoncello factory. Then, it's time to roll up your sleeves and cook. Under the guidance of a local chef, you'll learn to prepare regional dishes like lemon gnocchi, zucchini parmigiana, and limoncello tiramisu from scratch. The class ends with a family-style meal of everything you've made, paired with tastings of four local liqueurs. This is more than just a meal—it's a memory you'll bring home with you.

**Meal(s) Included:** Breakfast, Lunch (cooking class)

## **DAY 7 - CAPRI BOAT TOUR**

Today is yours to enjoy Santa Maria at your own pace. Relax on the beach, explore the End the trip on a high note with a luxurious private boat tour around the island of Capri. Cruise past the famous Faraglioni rock formations, peek into sea caves, and take time for a refreshing swim in the turquoise waters. Then head across to Nerano, a quiet village tucked into the Amalfi Coast, for a scenic lunch at a waterfront restaurant known for fresh seafood and handmade pasta. The day is all about relaxing, soaking up sun, and seeing the coast from a different perspective.

**Meal(s) Included:** Breakfast, Farewell Lunch

## **DAY 8 - DEPARTURES**

Private transfer to the Airport for your departure. Reflect on the memories made, stories shared, and the beauty of Italy as you head home, already dreaming of your next adventure.

**Meal(s) Included:** Breakfast



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## What's Included:

**4-Star Accommodations – Naples & Sorrento:** Enjoy a 7-night stay in 4-star hotels—3 nights in the historic city of Naples and 4 nights along the scenic coast in Sorrento. Each property offers comfort, modern amenities, and prime access to key attractions.

**Guided Tour of Pompeii and Herculaneum – Ancient Roman Civilizations Preserved:** Explore two of the most iconic archaeological sites in the world. With a professional guide, walk through the preserved ruins of Pompeii and Herculaneum—cities frozen in time by the eruption of Mount Vesuvius. See homes, streets, and relics that bring Roman history to life.

**Traditional Mediterranean Lunch – Campania Region:** Following your archaeological tour, enjoy a regional lunch showcasing local Campanian flavors, including fresh ingredients, house-made pastas, and seasonal vegetables.

**Procida Island Ferry Day Trip – A Peaceful Island Escape:** Take a scenic ferry ride to Procida, one of Italy's most charming and less-touristed islands. Spend the day exploring its cobblestone alleys, lemon groves, and waterfront villages.

**Amalfi Coast & Positano Day Tour – Scenic Coastal Drive + Iconic Stops:** Experience the beauty of the Amalfi Coast with guided stops in Positano, Amalfi, and Sorrento. Take in panoramic views, shop local boutiques, and explore picturesque coastal towns at your own pace.

**Lemon Grove Cooking Class – Culinary Experience in Sorrento:** Visit a working lemon grove and limoncello factory, then roll up your sleeves for a hands-on cooking class. Learn to make regional dishes like gnocchi with lemon and walnut, zucchini parmigiana, and limoncello tiramisu. The experience ends with a tasting of four locally made liqueurs.

**Private Capri Boat Tour + Nerano Lunch – Island Cruise & Seaside Dining:** Cruise around the island of Capri by private boat, with time to swim and take in the views of the Faraglioni rocks. Then, head to the mainland village of Nerano for a scenic seaside lunch at a traditional restaurant.

**Airport Transfers** – Shared group airport transfers to and from both international transfers are included for travelers arriving and departing within the designated travel window.

**Meals Included** - Meals as listed in above itinerary.

**Tours & Activities** - Tours and activities as listed in the trip itinerary.

**What's Not Included:** International flights, gratuity, travel visa, travel insurance, airport transfers, or any other cost not listed in the “what's included” section.