

February 8 - 15, 2026

8 DAYS, 7 NIGHTS

# TANZANIA

(TRADITIONAL TRAVEL EXPERIENCE)

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## Traditional Travel with Sisters Traveling Solo

Sisters Traveling Solo traditional trip experiences are fun and experiential tours that are designed for those sisters wanting to visit popular tourist destinations. These tours are great for beginners to the most experienced travelers. Be sure to bring your camera, because we plan these trips to be packed with post worthy instagram moments.

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## Country Overview

Tanzania is the untamed half of east Africa, the raw safari experience that first drew explorers from around the world, home to endless savannah, volcanic mountains, the Great Migration and the towering walls of the Ngorongoro Crater. It is a country of natural splendor, astounding wildlife, seductive beaches, charming ancient towns, archaeological sites and geological wonders.



### **Dar Es Salaam, Tanzania (4-nights)**

It is the country's most important business and commercial hub and is situated right on the Indian Ocean. It is the main port of call for most visitors, as it is an ideal place from which to access both the wilderness areas and the beaches of Tanzania and Zanzibar.

### **Zanzibar, Tanzania (3-nights)**

Zanzibar is the home of idyllic beaches, balmy weather & warm tropical waters. This archipelago is renowned for clear warm waters, coral reefs and rich marine diversity making it a perfect under-water destination for snorkeling and diving.



## General Information:

<b>CURRENCY:</b>	The Tanzanian shilling (TZS)
<b>CURRENT EXCHANGE RATE:</b>	1 USD = 2334.66 TZS
<b>AIRPORT CODE(S):</b>	<b>Arrival:</b> Julius Nyerere International Airport (DAR) <b>Depart:</b> Zanzibar Kisauni Airport. (ZNZ)
<b>PASSPORT REQUIREMENTS:</b>	<b>Must be valid at the time of entry.</b> With 2 empty page per entry (source US State Department)
<b>VISA REQUIRED?</b>	Check <a href="http://www.visahunter.com">www.visahunter.com</a>
<b>HISTORICAL WEATHER TEMPERATURE</b>	76°F - 81°F

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## Tentative Itinerary



### **DAY 1 - ARRIVAL**

(important: trip starts in Dar Es Salaam)

Upon arrival into Julius Nyerere International Airport (DAR), collect your bags then head to the arrivals areas to meet one of our drivers.

After check-in, take the rest of the afternoon at leisure rewinding from the long flight. In the evening, we will all get together for a welcome dinner. Over dinner, we will get to know each other.

**Meal(s) Included:** Dinner

**Hotel Check-In:** 3 PM local time.

### **DAY 2 - CITY TOUR**

Learn about Dar es Salaam past and present with this guided tour of the Tanzanian capital.

For lunch we will head out to one of the best restaurants for a traditional Swahili family style lunch experience. Smell and feel the meal with your bare hands before tasting the fresh flavors of Swahili food.

After lunch we will watch a private dance performance. Be prepared to move, sweat, laugh, think, cry, and challenge yourself in this workshop.

**Meal(s) Included:** Breakfast, Lunch





### **DAY 3 - HISTORICAL SLAVE TOUR + PICNIC**

We will take a 2-hour drive to the village of Bagamoyo. We will take a walking/bike tour of the historical beach village. Bagamoyo was the major slave trading post in East Africa. Bagamoyo, which means 'lay down your heart' in Swahili, was probably given this name because Bagamoyo was the last place the slaves would stay in Tanzania before being shipped off to foreign lands. After our visit to the village, we will have a picnic lunch at a 26-hectare Mango plantation. Smell and feel the meal with your bare hands before tasting the fresh flavors of Swahili BBQ food.

**Meal(s) Included:** Breakfast, Lunch

### **DAY 4 - SHOPPING & SWIMMING**

Feel free to wake up early for breakfast or sleep in. We will start our day late morning around 11 am with some souvenir shopping at the famous local shops. We will visit Mwenge market first then Slipway market. After shopping we enjoy a delicious lunch overlooking the ocean. After lunch we will depart for the beautiful white sand beach of Mbudya Island, located 20 minutes away from Dar. Be sure to wear your swimsuit, this is the perfect island for swimming.

**Meal(s) Included:** Breakfast

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## **DAY 5 - TRANSFER TO ZANZIBAR**

After an early breakfast, we will check out of our hotel and depart to catch our flight to Zanzibar.

**Meal(s) Included:** Breakfast, Lunch

## **DAY 6 - STONE TOWN TOUR (FREE NIGHT FOR MUSIC FESTIVAL)**



This morning we will partake in a walking tour of Stone Town. Our walking tour takes us through fabled Stone Town, where history appears to stand still.

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**SAUTI ZA BUZARA MUSIC FESTIVAL**  
*(Music Festival ticket not included in trip cost)*

Disclaimer: Based on this year our tour will be taking place in Zanzibar during the time of the music festival. However, we cannot guarantee that until the dates are released. If for some reason the concert dates change, our tour dates will not change.

**Meal(s) Included:** Breakfast

## **DAY 7 - CULINARY EXPERIENCE + LOCAL SCHOOL VISIT**

After breakfast, we will depart for a cross-island tour, starting with Spice farm, where you will learn all about the different spices and how they grow and taste. Unlike most visitors to the farm, you will interact and exchange stories and experiences with local women while partaking in a culinary experience. Once our culinary experience is over, we will head to a nearby school to meet local students.

**Meal(s) Included:** Breakfast , Cooking Experience, Farewell Dinner

## **DAY 8 - DEPART ZANZIBAR (important: trip ends in Zanzibar)**

We hate that our time with you has not ended, but we hope to see you on another Sisters Traveling Solo experience. After enjoying breakfast at our host hotel we will depart via our preset airport transfers.

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## What's Included:

### 4-Star Hotel Accommodations (4-nights in Dar Es Salaam + 3-nights in Zanzibar)

**Rooms** - Wifi, Air condition, a desk, a flat-screen TV and a private bathroom.

**Culinary Experience** - Interactive cooking class experience with local Tanzanian women.

**Historical Walking Tour Stone Town** - Discover Zanzibar City's UNESCO-listed historic center on a Stone Town walking tour that explores Zanzibar's history and distinctive architecture, from a bustling local market to a Sultan's palace-turned-museum.

### Swahili family style lunch experience

**Private Dance Performance/Workshop** - Be prepared to move, sweat, laugh, think, cry, and challenge yourself in this workshop

**Village of Bagamoyo** - The town of Bagamoyo – nominated as a UNESCO World Heritage Site – was once an important trading port and the capital of German East Africa. It was the stopover for the slave and ivory caravans who traveled from Lake Tanganyika to Zanzibar.

**Picnic Lunch at Mango Plantation** - Most of our family growers who cultivate the traditional cultivars do so in little patches of no more than two acres.

**Mbudya Island** - Mbudya Island is an uninhabited island in Tanzania, north of the country's largest city, Dar es Salaam and is one of the four islands of the Dar es Salaam Marine Reserve.

**Dar Es Salaam City Tour** - Learn about Dar es Salaam past and present with this guided tour of the Tanzanian capital. You'll get the chance to explore the treasures at the National Museum, learn about a uniquely Tanzanian style of painting at the Tingatinga Arts Cooperative Society, and learn about the country's tribal diversity at the Village Museum.

**Local School Visit** - opportunity to give to a local school: school supplies needed.

**One-way Domestic flight** - From Dar Es Salaam to Zanzibar. (economy seating)

**Meals Included** - Meals as listed in above itinerary.

**Tours & Activities** - Tours and activities as listed in the trip itinerary

**Locally Made Bag** - Attendees will receive a locally made bag

**What's NOT Included:** International flights, gratuity, travel visa, travel insurance, airport transfers, or any other cost not listed in the "what's included" section.